Studio name _____

Zipline and ropes course waiver

Every rider signs before gearing up.

About you

Your name
First name

Last name

Date of birth (MM/DD/YYYY)

Mobile phone

Email

Emergency contact

Your visit

Your weight

Before you take part

These questions help the staff keep you safe. They aren't medical advice, so check with your doctor about anything you're unsure of. The staff may ask you to sit out if an answer means the activity isn't safe for you today.

Are you afraid of heights?

☐ Yes ☐ No

Do you have a heart condition or high blood pressure?

☐ Yes ☐ No

Tell us more.

Have you had a back, neck or joint injury or surgery in the last year?

☐ Yes ☐ No

What was it, and when?

Are you pregnant?

☐ Yes ☐ No

Do you have seizures, or do you faint or get dizzy easily?

☐ Yes ☐ No

Is there anything else about your health the staff should know before you take part?

☐ Yes ☐ No

Tell us more.

Risks and rules

The risks

Ziplines and ropes courses have risks, including:

- Falls from height if a lanyard isn't clipped in, which can cause serious injury or death
- Hitting a platform, tree, brake or another rider at the end of a line
- Hands, hair or clothing caught in a trolley or pulley
- Harness pressure, rubbing and bruises
- Getting stuck on a line and being brought in by the staff
- Lightning, wind and heat on an exposed course

I understand these risks, and others no one can foresee, and that some remain even when the staff and other guests take care. I choose to take part.

Initials

Course rules

- Stay clipped in at all times. Move one connector at a time.
- Never touch the cable in front of your trolley.
- Helmet on, hair tied back, pockets zipped or empty.
- One rider on a line, and wait for the guide's signal before you go.
- Use the brake the way the guide showed you.

I'll follow these rules and every instruction from the staff. The staff may stop me or ask me to leave if I don't.

Initials

What you agree to

My answers

My answers are true. I'm not impaired by alcohol or drugs, and I'll tell the staff if anything about my health changes before or during my visit.

Initials

Release

To the extent the law allows, I release the business, its owners and its staff from claims for injury, illness or damage that come from the inherent risks of this activity. This release doesn't cover anything the law doesn't let me give up.

Initials

Emergency care

If I'm hurt or become ill, the staff may give first aid and call emergency services. I'm responsible for the cost of any care I receive.

Initials

Photos and video

This waiver covers your visits for one year from the day you sign. The business may ask you to sign again sooner if its rules or this form change.

the studio uses your health answers only to do your appointment safely and to keep the records the law requires. They are never used for marketing or sold. They are stored encrypted, and every time someone at the studio opens them it is logged.

Your signature

Date

Printed name

For the staff (For the studio)

Visit details

Booking or group name

Harness checked by

Harness size

Anything that came up during the visit