Studio name _____

Rage room waiver

Sign before you suit up. It takes about two minutes.

About you

Your name
First name

Last name

Date of birth (MM/DD/YYYY)

Mobile phone

Email

Emergency contact

Before you take part

These questions help the staff keep you safe. They aren't medical advice, so check with your doctor about anything you're unsure of. The staff may ask you to sit out if an answer means the activity isn't safe for you today.

Do you have a heart condition or high blood pressure?

☐ Yes ☐ No

Tell us more.

Have you had a back, neck or joint injury or surgery in the last year?

☐ Yes ☐ No

What was it, and when?

Are you pregnant?

☐ Yes ☐ No

Do you have seizures, or do you faint or get dizzy easily?

☐ Yes ☐ No

Do you have asthma or another condition that makes hard exercise risky for you?

☐ Yes ☐ No

Do you carry an inhaler or other medicine? Tell us more.

Are you recovering from an injury, illness or surgery right now?

☐ Yes ☐ No

Tell us more.

Is there anything else about your health the staff should know before you take part?

☐ Yes ☐ No

Tell us more.

Risks and rules

The risks

Smashing things has risks, including:

- Cuts from broken glass, ceramics and metal, including through gaps in the gear
- Flying pieces hitting your face, eyes or body
- Being hit by a bat, hammer or crowbar swung by you or someone else
- Strains in shoulders, wrists and back from swinging
- Dust from broken items, and loud noise and music
- Slipping on debris on the floor

I understand these risks, and others no one can foresee, and that some remain even when the staff and other guests take care. I choose to take part.

Initials _____

Room rules

- Helmet with face shield, gloves, coveralls and closed-toe shoes stay on the whole time.
- One person swings at a time unless the staff set up the room for more.
- Break only the items the staff give you.
- Never swing or throw toward the door, the window or the camera.
- Stop right away when the staff say so or the lights change.

I'll follow these rules and every instruction from the staff. The staff may stop me or ask me to leave if I don't.

Initials _____

Items you bring

Anything I bring to break is mine, holds no chemicals, batteries or other hazards, and the staff may turn it away.

Initials _____

What you agree to

My answers
My answers are true. I'm not impaired by alcohol or drugs, and I'll tell the staff if anything about my health changes before or during my visit.

Initials

Release
To the extent the law allows, I release the business, its owners and its staff from claims for injury, illness or damage that come from the inherent risks of this activity. This release doesn't cover anything the law doesn't let me give up.

Initials

Emergency care
If I'm hurt or become ill, the staff may give first aid and call emergency services. I'm responsible for the cost of any care I receive.

Initials

Photos and video

This waiver covers your visits for one year from the day you sign. The business may ask you to sign again sooner if its rules or this form change.

the studio uses your health answers only to do your appointment safely and to keep the records the law requires. They are never used for marketing or sold. They are stored encrypted, and every time someone at the studio opens them it is logged.

Your signature

Date

Printed name

For the staff (For the studio)

Visit details

Booking or group name

Room

Template from Digital Waiver Software https://waivers.greatwork.company/waivers/rage-room
This is a template and general information, not legal advice. Rules differ by state and sometimes by county, so check yours with a lawyer in your state before you use it.

Gear checked

☐ Yes ☐ No

Anything that came up during the visit