Studio name _____

Bike and e-bike rental waiver

Every rider signs before taking a bike out.

About you

Your name
First name

Last name

Date of birth (MM/DD/YYYY)

Mobile phone

Email

Emergency contact

Your visit

Which bike?

☐ Standard bike ☐ E-bike ☐ Kids' bike or trailer ☐ Tandem

Your height

Before you take part

These questions help the staff keep you safe. They aren't medical advice, so check with your doctor about anything you're unsure of. The staff may ask you to sit out if an answer means the activity isn't safe for you today.

Do you have a heart condition or high blood pressure?

☐ Yes ☐ No

Tell us more.

Have you had a back, neck or joint injury or surgery in the last year?

☐ Yes ☐ No

What was it, and when?

Do you have seizures, or do you faint or get dizzy easily?

☐ Yes ☐ No

Are you pregnant?

☐ Yes ☐ No

Are you taking a medicine today that makes you drowsy or affects your balance?

☐ Yes ☐ No

Is there anything else about your health the staff should know before you take part?

☐ Yes ☐ No

Tell us more.

Risks and rules

The risks

Riding has risks, including:

- Falls, including head injuries
- Collisions with cars, other riders, people walking and things on the path
- Potholes, gravel, wet leaves, curbs, rails and other road hazards
- E-bikes speeding up faster than you expect, and their extra weight
- Brakes, chains or tires failing during a ride
- Weather, heat and dehydration

I understand these risks, and others no one can foresee, and that some remain even when the staff and other guests take care. I choose to take part.

Initials _____

Riding rules

- Wear the helmet we give you, fastened.
- Check the brakes and tires before you ride off.
- Follow traffic laws and the local rules for bikes and e-bikes.
- One rider per bike, unless it's built for two.
- Start an e-bike on the lowest assist level until you know how it pulls.
- Lock the bike whenever you leave it, and bring it back by your return time.

I'll follow these rules and every instruction from the staff. The staff may stop me or ask me to leave if I don't.

Initials _____

Rental equipment

I'll return the equipment on time and in the condition I got it. I'm responsible for loss or damage from misuse.

Initials _____

What you agree to

My answers
My answers are true. I'm not impaired by alcohol or drugs, and I'll tell the staff if anything about my health changes before or during my visit.

Initials ☐

Release
To the extent the law allows, I release the business, its owners and its staff from claims for injury, illness or damage that come from the inherent risks of this activity. This release doesn't cover anything the law doesn't let me give up.

Initials ☐

Emergency care
If I'm hurt or become ill, the staff may give first aid and call emergency services. I'm responsible for the cost of any care I receive.

Initials ☐

Photos and video

This waiver covers your visits for one year from the day you sign. The business may ask you to sign again sooner if its rules or this form change.

the studio uses your health answers only to do your appointment safely and to keep the records the law requires. They are never used for marketing or sold. They are stored encrypted, and every time someone at the studio opens them it is logged.

Your signature _____ **Date** _____

Printed name _____

For the staff (For the studio)

Visit details

Booking or group name

Bike number

Helmet size

Lock number

Anything that came up during the visit